

MAY

2023



= In Person



= Hybrid Event

= Zoom Only

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|--|--|--|--|---|
| | 1 AWESOME DOCUMENTARIES Learn the fascinating, uplifting truth about the world around us 2:30 – 3:30 pm Neil Meili's birthday | 2 SHORT STORY DISCUSSION GROUP Explore short stories and essays 4 – 6 pm | 3 Be sure you RSVP for any RSVP activities 24 hours in advance! | 4 BOASTERS, INC. Appreciate the accomplishments of self and others! Meet at El Mercado, 1302 S 1st St. 7 – 9 pm Please RSVP Members Only | 5 Cinco de Mayo | 6 Bob's @ Conference |
| 7 World Laughter Day | 8 AWESOME DOCUMENTARIES Learn the fascinating, uplifting truth about the world around us 2:30 – 3:30 pm | 9 CHITCHAT AND CHOW Discussion Topic: Creativity @ Little Mexico 2304 S. 1st Street, Austin, TX 78704 512 462-2188 11:45 am – 1 pm Ages 18 & up | 10 Intuition Day | 11 GETTING TO KNOW YOU Fun, intriguing questions lead to unexpected insights 7 – 8 pm Please RSVP Members Only | 12 World Nurses Day | 13 VIDEO EXPLORATIONS Loving with Ruth Negga [PG-13] 6 – 10 pm Ages 18 & up |
| 14 PEACE SUNDAY Meditation for World Peace 1 – 2 pm Ages 14 & up | 15 AWESOME DOCUMENTARIES Learn the fascinating, uplifting truth about the world around us 2:30 – 3:30 pm | 16 SHORT STORY DISCUSSION GROUP 4 – 6 pm MEDITATION PRACTICES New Approach Each Meeting 6:15 – 7 pm Ages 12 & up | 17 Cherry Cobbler Day | 18 WHAT'S IT LIKE BEING YOU? Explore your inner emotional landscape and discover how it differs from others' \$20, members \$15 7 – 9 pm | 19 Endangered Species Day | 20 VIDEO EXPLORATIONS Chupa with Demian Bichir [PG] 6 – 10 pm Ages 18 & up |
| 21 BOARD MEETING Help the Center grow! 2:30 – 4:30 pm | 22 AWESOME DOCUMENTARIES Learn the fascinating, uplifting truth about the world around us 2:30 – 3:30 pm | 23 Bob McGarey's birthday | 24 This Month's Theme for Videos: OVERCOMING OBSTACLES | 25 | 26 SEXUALITY: A TOUCHY SUBJECT Stimulating Group Discussion of a Challenging Topic 7 – 9 pm | 27 |
| 28 SUM FAHT An approach to integrating mind, body and spirit 10 – 11:30 am Ages 12 & up World Amnesty Day | 29 AWESOME DOCUMENTARIES Learn the fascinating, uplifting truth about the world around us 2:30 – 3:30 pm Memorial Day | 30 SHORT STORY DISCUSSION GROUP Explore short stories and essays 4 – 6 pm Crystal Fields's birthday | 31 Nat'l Meditation Day | Please RSVP for RSVP Events 24 hours in advance All events are free and will be held via Zoom unless otherwise noted JOIN MEETING 512-441-8988 PASSCODE 787779 | | |