



## Introduction from Lucy Scurfield, AHPb Chair

Dear Friends

This online Newsletter is an exciting new development in the history of the AHPb. It will be produced twice a year together with two hard copies of our excellent journal, *Self & Society*. This move to replace two journals with newsletters is necessary in order to reduce our costs. The AHPb is also once again self-publishing, whilst looking for a new publisher. This follows a three year contract with Routledge/Taylor & Francis, which ended in December 2017. The publisher produced and distributed *Self & Society* and digitized the entire archive of the journal going back to 1973. As part of an amicable agreement, they have given the AHPb the full digitized archive. This reflects the value the publisher placed on the journal, despite it not meeting the needs of their more academically orientated market.

The content of the Newsletter will be just as challenging as the journal, with thought-provoking articles, poems and book reviews, and it will have the same appeal to anyone who wishes to explore human capacity and potential, with the aim of enhancing both the individual and society, the central concern of Humanistic Psychology. Contributions are very welcome, including and especially coverage of current topical issues.

The content of this first Newsletter includes articles remembering John Rowan (1925–2018) and papers from two of the speakers at the recent annual conference held by the AHPb in London in June. The theme was Love, Madness and Transformation – Humanistic Stories, and the conference included experiential work with people sharing their personal stories. The keynote speaker was Dina Glouberman, and the occasion was also the launch of Dina's new memoir: *INTO THE WOODS AND OUT AGAIN: A MEMOIR OF LOVE MADNESS AND TRANSFORMATION* (Sphinx, June 2018) – a book which reflects with candour and dark humour on a life that includes a psychotic breakdown, the co-founding of Skyros Holidays, the

pioneering of her Imagework therapy approach, marriage, births and rebirths, and much more.

None of this would be possible without our small dedicated team. We are extremely grateful to Adrian Barker for all his hard work in allowing subscribers access to the newsletter and the digitized archive online, and to Carrie Bremner for designing the newsletter. We are also deeply indebted to Richard House for editing and compiling the newsletter content. As the former co-editor of *Self & Society*, Richard continues to assist Gillian Proctor, the journal's current editor, whose enthusiasm and commitment are greatly appreciated by the Board – Dina Glouberman, Richard House and myself.

Essential to all this is a well-managed data base. We are extremely grateful to our administrator Anne Goodhew for undertaking this important work. Anne has ensured that subscribers can access the newsletter and journal online, and that everyone receives their hard copy of the journal.

This work, as well as accounting and editing, comes at a cost. So please make sure your subscription is up to date and for the full amount. If you have a query about your membership, please email [admin@ahpb.org](mailto:admin@ahpb.org).

Any offers of help, including anyone who might be interested in becoming a member of the AHPB Board, are very welcome. Volunteers will be given a free membership. Please do get in touch if you have any time to spare.

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