## Yes, You too can catch a Smile

Exit station. Bustle tussle push and shove and shove and push just to push and bustle hustle with the hassle tussle let's wrestle with the hassle of masses of hassling rushing people.

Hooray! Now I'm victorious splendid and glorious in my majesty SITTING on a bus (whilst the rest stand) suitcases on my lap the residues spilling around my throne. The bus is still.

People tripping over bags some scramble out whilst others scramble in.

Amongst the maze of muddy faces. a lone smile moonshaped white teeth on a chocolate brown face. Looking down I see two little white moons eyes reflected in them looking up to the father moon.

Then, almost lunatic in ecstasy I too became a little moon

Susi Wilton

Sitting in a train longing the time away wishing the miles adieu so I can see you soon

At the station I stand alone surrounded by bags and suitcases filled to the brim but I play it cool because I am a big girl now.

You arrive and greet me I raise my head to kiss you and I notice a girl clutching your hand and stroking your hair.

But I play it cool pretending I don't care two figs at all, my heart is crying but my lips are smiling because I am a big girl now.

Susi Wilton

## WHAT'S COUNSELLING?

On the opposite page is a reduced section of a 19"x 30" poster designed by Rose Evison. Copies are available from Co-Counselling Phoenix, 5 Victoria Road, Sheffield, S10 2DJ @ 1.50 post free (in the U.K.)