

shall know what we are doing, just because we are trained to look at reality and to be real ourselves. Humanistic psychology stands for this unafraid look at the personal and the social - this cool ability to face and handle personal and social change in ways that are constructive and effective.

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### PROPS

Space  
and  
plenty of it.

Leisure  
to reform, gardens to sit in  
beds in which to stretch or cavort  
indulgence to choose without reckoning or  
reckon without compunction. To speak  
certain those who listen will defer. Or  
the props of poverty.

A rag-doll, a bland  
battered-face clock, a bed with broken springs,  
kippers, cracked mugs and jam, and sudden  
self-righteous anger, easy contempt, the mindless  
reassurance of solidarity; the clenched fist, the  
brandished scarf.

To reject all these (albeit  
with compassion) instead to be  
naked and alert, calm yet  
watchful, connected yet unattached  
like a tree

**John Hands**