

Eileen Caddy

Male - Female Balance a key to Higher Consciousness

Every now and then we hear people talking about the role of woman in the New Age. I have had a beautiful picture of woman completely transformed, but what does this really mean? Why should woman be transformed? A number of years ago I was given this vision:

I was shown a man and a woman, and the man had written on him 'Light, Intellect,' and the woman 'Love, Intuition.' I saw there was great friction between them. Then I saw the woman lying on the ground and I saw the man walking over her and wiping his feet on her, and she just lay there. I then heard a voice saying, 'Arise O woman, be not subservient to man, for are you not his help-mate, are you not here to complement each other and to bring unity, harmony and complete oneness?' The man must have heard the voice too, because I saw him standing there looking down at the woman. Then he knelt down beside her and gently picked her up. He removed her filthy garment and put on a pure white one.

I then saw two great hands take the man and woman and mould them together as if they were pieces of clay and the two were moulded into one lump. Then the lump of clay was placed onto the centre of the potter's wheel, and I saw the hands create a most beautiful vase. I watched the vase being put into the fires of purification and when it had been fired sufficiently I saw it being taken out; it shone as brightly as the sun and was so beautiful and perfect I knew only God's hands could have created it. I then saw growing out of the vase blooms of every colour and description and I realized what could happen when there was no longer any division between man and woman, light and love, intellect and intuition, mind and heart; then there will indeed be everlasting peace and goodwill, but not until then. I was then shown an arrow being shot high in the air, and I heard the words, 'Aim high and you will get there.'

There is a great need to bring these qualities which are within each of us the male and female, into complete balance. I had to start doing something about it within myself, but how to do it? It was so much easier to say 'Why don't *they* do something about it,' rather than turn within and see what I could do about it. For many years Peter and I have been two halves of a whole, and we have complemented each other in that way; I would be the receptive one and he the active. I would receive instructions from within and he would take the action on the instructions. It worked beautifully, and much was accomplished. In fact, that is the way Findhorn and everything in it was manifested; all that we did was done that way. Then, some years ago, we were split so we could become two whole, balanced individuals, no longer light and love, intellect and intuition, heart and mind, but we were now to find all these qualities within our own beings. That is where the difficulty came in, how

to find the balance within, the male and female, love-wisdom and will-purpose aspects in complete balance. It is not an easy thing to do.

As time went on I found that the male, the will-purpose aspect, would come out very strongly. For example, I was in the core group, and I kept expressing myself too strongly. It was not what I said, it was the way I said it that upset people. So, eventually, I was told from within that I was to resign from the group and this is what I did. Many people thought I was taking a step backwards, but I knew what I had to do. I had some very important lessons to learn. I struggled on, trying to find the balance within. I kept stumbling, and fell many times. I was desperate and felt I was getting nowhere, but all the time I was told by my inner voice to pick myself up and go on, that I would get there in the end.

An experience I had some time ago was a real help to me. I was having a session with a psychosynthesis instructor and I shared with her the great difficulty I was having bringing my male and female aspects into balance. She asked me if I would like to do an exercise with her and I said I was willing to try anything, I was so desperate. So, she told me to close my eyes, and to visualize the male aspect of myself, and as I did so I was shown a huge lion, very strong and powerful, the king of the jungle. Then, she told me to visualize the female aspect of myself, and I was shown a unicorn, pure white, very gentle, delicate, shy and very beautiful. She then suggested that I blend the two together. This I tried to do, but found I could not do it, and I was almost in tears. When I told her this, she told me not to worry but to make them dance together, and I was able to watch the two gradually blend together as they danced, first very slowly round and round each other, getting faster and faster until the two became one. I felt a tremendous feeling of elation, and I then knew that I could blend those two aspects within me together, that it was a step in the right direction.

Some time later I did the exercise again and a third image was introduced, representing the blending of the other two. With the third image I was shown a beautiful pink rose fully blown. It was suggested that we go into image and become it. As I did so, I felt the most tremendous love. When I came out of it, for the first time in my life I was able to feel real love for my male and female aspects. To me that was a big turning point in my life. I felt I was a whole being.

I was wondering why my female aspect was symbolized as a unicorn and picked up something Sir George Trevelyan had written about the winged unicorn: 'The unicorn is a strange and wonderful beast of mythology. It is a white horse with great and gentle eyes, gazelle's feet and a shining horn from the centre of its brow. It plays its part in legend. The horse is a symbol of intelligence, very close to man. The white horse thus represents cleansed and uplifted intelligence. The horn from the point of the third eye suggests spiritual knowledge and the faculty of awakened clairvoyance. The gazelle's feet enables it to trip lightly over the morass of materialistic greed and egoism.' Sir George concluded, 'Legend has it that, to find and invoke the unicorn,

a virgin must sit humbly outside the dark forest from whose mysterious depths this wondrous beast will then come forth and lay its head in her lap. The soul which has cleansed itself, perhaps after many lives, and has wiped out the stains of ill deeds and karma, has brought itself back to the condition of virgin purity and is then able to offer itself of its own volition to be fructified by spiritual knowledge. Thus the unicorn is seen as a symbol of the higher self filled with the Christ light, which can redeem the mind, heart and will, through inflooding of creative intelligence and love.' All this made a great deal of sense to me and I did not feel it was by chance that I was given the symbol of the unicorn as my female aspect.

I have done much pondering on the strange life I have had to live ever since Peter and I was brought together twenty four years ago. At times the things that happened to me did not make sense, but as I pondered I began to see how Peter and I are archtypes and are working our archetypal patterns in our lives. When I heard that astrologically Pisces, with its polar opposite Virgo, are the signs for the old age, I realized that as Peter is Pisces and I am Virgo, our role is to be the bridge between the old and the new. In the beginning when Peter and I worked together to complement each other it worked very well. So why balance the male and female aspects within each individual? I have begun to discover for myself that when I bring those aspects together in myself, I feel a oneness within me, a lifting up of consciousness. When individuals are balanced within themselves, then their relationship is fuller, richer and the love flows in a balanced way. When there is no demand in us for anything from another, then we can express a love that is so great it can encompass the world. We can give and keep on giving, and lift up our consciousness so that we are expressing universal love, divine love.

First published in One Earth Magazine No. IV

Jane Malcolmson

The Astrological Birth Chart

The birth chart is cast in a circle and is an archetypal mandala, symbolising man's quest for unity and wholeness. A person's psychological structure is mapped out in the framework of the chart with its twelve-fold division of houses and signs; the planets and their relationship one to another, and the four elements of fire, earth, air and water which correspond to Jung's Four Functions. Parts of the chart will be in consciousness and part will be in the unconscious, so one can say that the birth chart indicates a person's *potential* consciousness - the work lies in bringing into the light of consciousness those areas in the chart which lies burried.

There are four other points which have relevance to the chart as a map of consciousness which we will look at in more detail in this paper. It is important