## **AHPb Chair's Page**

## With Lucy Scurfield

Dear Friends.

Self & Society is a vital and very important voice in these tumultuous, troubled times. Its challenge to mainstream attitudes is needed more than ever. Since 1973, when publication began, the journal of the AHPb has brought critically acclaimed stimulating content to its international readership, with thought-provoking articles, poems and book reviews. Its appeal is to all those interested in Humanistic Psychology and its exploration of human potential and capacity, with its aim of enhancing the individual and society.

Since 2018, due to financial constraints, we have been limited to producing alternating quarterly issues of the hard-copy journal and the complementary online magazine. The first issue of the latter was published in the spring of 2018, and issue number 6 will appear this winter. Contributions for both publications are welcome.

The AHPb Board – Dina Glouberman and myself (as Chair) – appreciate enormously the tireless commitment and dedication of Richard House, our fellow board member who, since January 2020, has taken on the role of sole editor. We are also extremely grateful to Adrian Barker for his considerable help with the design and production of the content of the journal, magazine and website (currently being updated). We also wish to express heart-felt thanks to Carrie Bremner for her wonderful work in designing the cover of the paper magazine.

Currently, due to government restrictions we are unable to promote Humanistic Psychology with any face-to-face events. However, we plan to host an online conference in partnership with the Independent Practitioners Network. Following on from a series of café workshops held in 2019, it will be on the theme *Engaging Our Hearts in Dangerous Times*. Watch this space for further information.

In a bid to promote Humanistic Psychology internationally we would like to work with sister organisations. With this in mind we recently approached our counterpart AHP in the United States with a view to some kind of

collaboration. They responded with a warm invitation to their Zoom meeting in August, which we all attended. We greatly appreciate their enthusiastic response, and would like to develop this relationship in some way in the future.

None of this important work would be possible without our small, very committed and dedicated team. We are determined to ensure that the AHPb is sustainable as a forward-looking organisation. Vital to this is a well maintained data-base which is managed by our administrator Anne Goodhew, to whom very many thanks are due. Anne makes sure that subscribers receive their journal, and have access to the magazine and archive online.

All this work, including the accounting, has a cost. So please make sure that your subscription is up to date and for the full amount. If you have any queries about this, please email <a href="mailto:admin@ahpb.org">admin@ahpb.org</a>. Your much-valued subscription is helping to keep the flame of Humanistic Psychology alive and burning brightly in Britain!

If you would like to help in any way, please do get in touch. All offers are very welcome, including from anyone who might be interested in joining the AHPb Board. Volunteers will be given a free membership. Please get in touch if you have a few hours to spare.

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