

# AHPB Co-chairs' Pages

## John Rowan and Alexandra Chalfont

As we take the theme of humanistic renaissance forward, it is our members who will define its nature and shape. So, a particularly warm welcome to all the new members who joined us at the HRDay, and a big thank you to our volunteers who helped behind the scenes, as well as to our speakers, who made it a great day. Volunteers will be particularly important over the next phase of development: if you have experience and skills you could contribute for a few hours or longer term, or if you have simply a wish to see humanistic values become more explicit in the world and are willing to contribute a little energy, please get in touch at [chair@ahpb.org.uk](mailto:chair@ahpb.org.uk).

We are not just about psychotherapy and counselling, of course, though it may sometimes seem that other areas pop up a little less frequently in the pages of S&S. If you are involved in social care, in organisational development and coaching, in education, in ecology or in health care, and would like to see our commitment to these areas further developed, let us know - just a line expressing interest will do.

### **Finally, two diary dates for 2011:**

#### **2 April 2011**

An exciting and innovative constellations workshop day, introducing three different approaches to working with constellations. Bookings will be open by the time you are reading this, so go to the website or drop us a line for more information.

#### **1 October 2011**

Our main speakers for our Autumn conference next year have confirmed: Prof. Ernesto Spinelli, Prof. Andrew Samuels and Dr John Rowan promise a stimulating, participative and informative day. We look forward to your joining us.

Remember to check out the website on a regular basis for new events, and if you haven't been receiving emails from us, it means we haven't got your email address. Please send an email to make sure we have it and can keep you up to date.

Warm wishes

*Alexandra*

Our humanistic renaissance day was just so good. Windy Dryden contributed a fascinating session, which showed him to be nondefensive and human even though sticking closely to his own method and outlook - very different from ours.

I talked a bit about the history of humanistic and transpersonal psychology, and how they had become much closer in recent years, and also how transpersonal psychology had become much better known in Europe.

And finally Dina gave us a brilliant demonstration of how she works with people who are afraid of the future, which was very impressive and interesting, and moving. The whole thing made me feel very hopeful. Not only did we have good speakers, we also had good numbers and a very warm atmosphere, aided by the excellent work of Alexandra, Tyagi, Brigitta Mowat and the other workers behind the scenes. It really seems as if we are once again rocking and rolling!

John

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