

Letters

Mr J Nangle Admin and Events AHP

30th July 2010

Dear Julian,

I am writing to say a big thank you to all those involved in organising the AHP Earth Festival at Green and Away in July.

I had such an amazing weekend, which was for me, filled with joyful experiences and rich and deep learning. The creative programme was well thought out and included such a varied and interesting range of workshops. In fact, with so many to choose from I found it difficult to make the decision. However, I was drawn to those that were right for my learning at the time and topped up my CPD hours too!

This event was a wonderful opportunity for me, as a sometimes isolated private practitioner, to meet up with fellow colleagues. There was plenty of sharing of experiences and knowledge, along with catching up on what is happening in the 'world' of psychology and body work.

Green and Away was such an appropriate venue and they looked after us so well. How special it felt to be in touch with nature and our Mother Earth, whilst reconnecting and tuning into my true self and soul.

This festival was just what I had been looking for and it really felt like I'd found the right thing to help me expand and nurture myself.

I'll definitely be booking a place on the next AHP Festival.

With thanks,

Judith Cobby, *Healing-Inspiration* www.healing-inspiration.co.uk

Dear S&S

The AHPB festivals are unique. The combination is wonderful. We have top quality humanistic psychology facilitators, who take part in the whole weekend. There are people who offer high quality events like singing, chi kung, arts (Julian's artspace was busy most of the weekend) and music. Some high points for me were Saturday night, when the Green & Away volunteers joined us for dancing round the campfire, a close and diverse home group to go back to, and some excellent workshops. The whole was an integration of mind, body and spirit. Added to what we provided ourselves, there was the great site, with over thirty volunteers who supported and fed us. They were an inspiration to go home even more committed to do what we can to reduce the harm we cause to our environment. And a number of the young volunteers at Green & Away came and joined us in the workshops - a real tribute to what AHPB is offering.

Huge thanks to Julian Nangle for all his hard work, to all who helped and all who came and joined in, and to Green & Away.

I hope we'll be able to go back.

Maxine Linnell

Self & Society Letters

Letters for the next issue of S&S should be sent to the Editor by 21st October 2010 - Eds.

humanistic Alchemy

Amadis Cammell & Guy Gladstone with 20 experienced facilitators.



Bodymind, Expressive Arts, Ecosocial, Transpersonal.

A 2 year course in London. 2 w/es plus Friday eve & Monday am, and 1 week rural residential.

Starts Sept 2011.
For details/to book for intro events call 020 7263 4885

www.humanisticalchemy.co.uk