

VIVIAN MILROY  
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In 1973 the AHP in Britain was full of confidence. The world seemed to have swung round to our side, as described in Chapter 12 of my book *Ordinary Ecstasy* (3<sup>rd</sup> edition). And in March 1973 the first issue appeared of *Self & Society*. This was the culmination of a year's thought and struggle, often difficult and trying. It was an independent venture by Vivian, but had a close relationship with the AHP, printing two pages of AHP notes every month. As soon as it could be formally arranged, it was made part of the AHP subscription package, thus ensuring a basic circulation. This made a great difference to the whole identity of the AHP in Britain; for the first time it had a living demonstration that humanistic psychology was active in a wide variety of fields. Contributions started to come in from many countries, and clearly it was of more than narrow interest. It was taken up by the Compendium bookshop, and was available from that source until it died.

The magazine was edited from Vivian's office in Southwark. He had inherited from his father an engineering business in the field of large industrial pumps, and this provided enough financial resources to enable production of the magazine, which never made any great profit. At first the magazine came out monthly, and this continued for most of the time Vivian was editor. This achievement will be respected by all those who came after as editors, the most notable of whom was John Button.

Vivian began to acquire a number of assistants, all of whom seemed to be attractive young women. One of them at least, Sarajane Arris, became a notable psychotherapist later.

He was always to be seen at social occasions and conferences, and usually made some contribution quite actively. He developed a method of meditation which was for two people at the same time. When we went to Wentworth Woodhouse, he was always the first to suggest nude bathing. He generally seemed to be having a good time. He set his face resolutely against professionalism, and had no truck with the AHPP. Although he was born in 1917, he took to humanistic psychology like a duck takes to water. He was a *mensch*.

John Rowan