

## **A personal exploration of desire and responsibility or how best to avoid tearing one's hair out while organising an AHPB Conference, Festival and AGM !**

We all know it is not a good idea to over identify when we become involved with a client, or a house we may want to rent or buy, or a project that may be close to our heart. But for all that I'm afraid I do. Last year's Festival was such a success I cannot believe, I cannot allow myself to believe, that this year's will be any different; and yet I do, I do allow myself this worry, by over identifying with my desire and calling it my responsibility. I have this dilemma because we still have spaces for this year's Festival, in truth we still have far too many spaces if we want to match last year's success.

Yes, I am largely responsible for 'putting it on' this year, as I suppose I was to a degree last year, but my desire for it to be a success, to have 100 people singing along to Seize the Day on the Saturday night, all with smiles on their faces, that is not my responsibility, it is the responsibility of those 100 people to get themselves to the Festival and to attend the gig. It's also the responsibility of Seize the Day to give us a good night! But it's not mine. It is my desire for all these things to happen, but, I keep telling myself, it is not my responsibility.

And yet, and yet, here I am writing a piece specifically for Self & Society, wishing to encourage any of you who have not yet signed up to attend this year's gathering to do so, now, this instant, without hesitation.

Now why am I so bothered? I'll tell you why: my 'little boy' wants to play, he wants to meet up with others of like mind and get that buzz that is a buzz one can only get when you know you are really connected to/with another human being. This is what AHPB does for me, it is what it's for, it is why I want you to be there on July 18 – 20th; to share your human-ness with me, and others.

And then there's Dina Glouberman, and Andrew Samuels, and Guy Gladstone; these are people who know what they are talking about! Don't let a chance like this pass you by if you can possibly afford it – I know it's a bit of money (£160 for the weekend) but you get some amazing home cooked, organic, vegetarian food included, prepared and presented by the community members of The Leela Centre. But most of all you get your own sense of community, the chance to discuss ideas, to digest and integrate the most terrible of years 'out there' in the big bad world, to make a small retreat, just for a weekend, with like minded people, people who care about the world and its direction, people who still cling on to the light, however deeply buried, and have the faith that, together, humans of good conscience and intent can make a difference, in the personal, communal and global arenas. I do hope those of you who have not signed up will do so soon, so that my desire can be assuaged, and the light can be brought a little closer to the surface of the world's consciousness.

Julian Nangle

*P.S. There's also the matter of our AGM which will be held at 2.30pm on the Friday, the 18th. Full details are on page 32.*

# AHPB AGM at the festival

25<sup>th</sup> June, 2008.

Notice of the AHPB Annual General Meeting is hereby given:

The AGM will take place on Friday 18<sup>th</sup> July between 2.30 and 3.45pm at The Leela Centre, Thorngrove House, Common Mead Lane, Gillingham, Dorset SP8 4RE.

The 2008 Agenda for the AGM and our Reports for 2007 can be applied for from our address at BM Box 3582, London WC1N 3XX from June 27<sup>th</sup> and will be available to members attending on the day of the AGM. The proposed new editor of *Self & Society* will be attending, and we shall be appointing or re-appointing various officers and NEW board members if anyone should wish to join in. If you want to find out more about becoming a board member, please contact one of us. In any case please do make every effort to attend the AGM, even if you cannot make the whole festival.

Members attending the AGM will have the opportunity to stay on for a festival workshop, before an early vegetarian supper is taken at 6.00pm. If you are attending the AGM only you are welcome to join us for supper for a fee which will not exceed £12.50.

Guests are very welcome. The whole afternoon is free (apart from supper) but we would greatly appreciate donations towards the overall costs of putting on the AGM and, indeed, the festival.

If you cannot attend please feel free to include a donation with the reply slip opposite which we invite you to cut out and return to us as soon as possible. We need to have some idea of the numbers attending the AGM but who are not staying for the festival.

Apologies will be noted in the Minutes.

We very much look forward to seeing you at The Leela Centre one way or another. Please note it is still not too late to book for the whole festival - see back cover - you will be more than welcome and there's bags of space for campers and still some beds available.

## AHPB AGM

NAME (Please print).....

I will attend the AGM

I will be bringing ..... guests.

Names of guests:

.....  
.....  
.....

Number of suppers required.....

I cannot attend

I enclose a donation of £.....

I am a UK Tax Payer

I am NOT a UK Tax payer

Please post to me: The full 2007 Accounts

The Minutes of the 2007 AGM

or email them to me at

.....@.....

(Available from 27<sup>th</sup> June)

at the address below:

.....

I would/would not be interested in becoming a member of the Board of AHPB

Signature .....Date.....

Send to: Julian Nangle, BM Box 3582, London WC1N 3XX