



Tony Morris

**The Winter Solstice - Renewal of Life and Energy**

For me January 1<sup>st</sup> and the start of a new calendar year are pretty irrelevant, it's the return of the Sun that's deeply symbolic. Hopefully without the blood sacrifice, although the dreadful effects of the Tsunami show how, despite all our technology and delusions of security, we are still subject to vast natural forces, and to Death's ever presence. So endings and beginnings are in my mind as I write this, three weeks after the solstice, with the change in the light becoming evident. And, under the earth, if not already visible, the stirrings of green shoots. For us, AHP and S&S, some of those shoots are evident in Maxine's Editorial, at the start of this issue, where she reveals forthcoming themes in the journal. And she welcomes Anton Smith as our new Administrator and says a grateful goodbye to Kathy, as I sincerely do so too. Elsewhere we also have further tributes from Maxine and Alexandra to David Jones, past Editor of S&S and key member of AHP(B), on his semi-retirement. Beginnings arise out of endings, and Maxine touches upon the wider question of possible new ways of publishing of S&S in the future, and thus continuing to spread the ideals of Humanistic Psychology, AHP's main purpose as a charity. In my previous Chair's page I also questioned 'What is today's role of Humanistic Psychology and of AHP and S&S?' Are we, as nature is at the moment, at a turning point? But one of slow decline, with slightly more members leaving than joining? I ask (again), as Maxine does, for your thoughts, feelings and views, positive and negative. So far, our members and readers have remained silent.



We are currently preparing our end of year accounts, and with our new systems we will soon have a better handle on our cash flow. In the next issue, and by direct mailing at about the same time, we will be announcing the date of the AGM (probably in May), where we could be putting some major decisions to the membership on our future direction. Meanwhile we're about to have a marketing push amongst our most likely new readers; students, therapists, supervisors and trainers in all fields of humanistic psychology. If you can assist, can network, or have contacts and interested friends, let us know. Anton can always send you leaflets and free back copies. Help us plant some new shoots with the return of the Sun.

