

focus on what in biosynthesis is called the 'earth-light axis', which represents in people the bridge between personal and meta-personal, sensual and spiritual, existential and essential, matter and

meaning, soma and significance.

In 1985 my book *Lifestreams* was published, I left England, and the Centre for Biosynthesis was established in Zürich.

The Centre for Biosynthesis and its Activities

Silvia Specht

The Centre for Biosynthesis was formed in Zürich in July 1986 and moved to its permanent home in Heiden, Switzerland, in July 1994. I am its administrator and also a member of its teaching staff, and David Boadella is director of psychotherapy trainings. Here at Heiden, with a view that takes in four countries, Lake Constance and the Austrian Alps, our primary task is the training of psychotherapists who are open both to the somatic level of experience and to transpersonal and essential-spiritual levels of reality. The teaching model is interdisciplinary and multi-modal, as necessitated by the depth and complexity of human beings and by the reality that therapeutic methods are always having to be reinvented in our search for the right path to the centre of the mystery that is personal process.

Trainings are available to doctors, psychologists, academics from the human sciences and non-academic people with a background in one of the helping professions. They run for thirty days a year over

three years, followed by a further two years of intensive supervision. All those who complete the three-year training are given a Certificate, but the Diploma in Biosynthesis is reserved for those who complete the full five years. Teaching is given in English with German translation; discussion is largely in German. Trainings are also arranged in other locations: for further information on courses in the UK please contact Yig Labworth, 9 Eastwood Road, Muswell Hill, London N10 1NL.

Publications

The Centre for Biosynthesis publishes the now 25-year-old international *Journal of Biosynthesis: Energy & Character*. The German version of this, edited by Bernhard Maul, has been appearing twice a year since 1990, and Spanish, Portuguese and Czech versions are in active preparation. Biosynthesis is represented by ten books, over a hundred published articles, and over three hundred lecturers at some 150 institutions.