## **Contact** Surbala Morgan



I am alive, Ignited With the flickering penumbra Of a light and shadow side, Both equally exist, Now flame, now shade, The whole of me Reflected in your eyes As one.

> I disinter My shame Of being human, Take off the mask, Reveal my pain, Undress the darkness That eclipsed my soul.

Because you do not Claim allegiance to the light Alone, I am complete within this space, The untouched part of me Accepted, All-encompassed As the whole.

> I am alive, Excited into life, I spark, I glow, The spiral dark and light Released, Unite as one, Rise up like flame, Reach out to you And grow.

Self & Society Vol 22 No 1, March 1994