

"the legal profession discovered centuries ago that a commitment, a contract, helps a wavering client stick to his resolution" (Reality Therapy)

"If opposing methods can lead to positive results, it may well be that it is the client's belief in the therapist's role as a healer and in the efficacy of his methods, rather than their actual effectiveness, which is the common ingredient of their success" (Placebo Therapy)

"Within the dream make love with whomever you choose. In waking life if the dream lover is available to you, court him or her" (Senoi Dream Group Therapy)

A book like this inevitably throws up much that will be stimulatingly unacceptable to the reader. But for therapists not to learn at least the basics about these therapies would be like a carpenter knowing only a couple of tools or a swimming instructor who can only do dog paddle or a priest who refuses to read the bible.

Nicholas Albery

Capital Love

The currency of love
Has been debased.
Like assignats of France
Temptation has ruled,
Too often these words spoken.
Keynesian economics
For love has failed,
A million notes
Where one would have done
To prove sincerity,
A wheelbarrow of kisses
Just to seduce.
A return to gold standard
Will ruin many
But make words strong.
So unlike money
Love cannot be borrowed
With interest paid.

Adrian Tomkinson