

though we do that too; it is mainly about meeting the being of the receiver in a state of meditation. It is not a very good name for what

happens in such a session. Sagarpriya has been looking for a better one for years. Any ideas?

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- 1) Roberta Delong Miller, author of "Psychic Massage", Harper & Row, 1975
 - 2) The meditation where you wait in a relaxed state, saying "yes" to existence. Then you allow any movements which want to happen to move your body. For a full description, see "The Orange Book - The Meditation Techniques of Bhagwan Shree Rajeech", p197, published Rajneesh Foundation International, 1980

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The Bootstrapper

He sat at midnight in a plain of red fires:
In the black acrid smoke they were roasting men and women.
At the edge of the plain, jagged volcanoes
Spewed their white-hot lava over towns and villages
While deformed monsters with slaving jaws and putrid breath
Thrashed their tails this way and that
And greedily gobbled up little children.

He was alone and rigid with fright.
Soon the soldiers, or the monsters or the volcanoes
Would catch him too, and then the pain
Would be unbearable. He had to escape -
But how? His eyes fell on an open book.
The title was "How to escape"
But the pages were blank.

He picked up a pen and started to write
Feverishly, filling page after page
By the fitful light of the fires and the lantern-eyed monsters.
When the sun rose he had filled every page
With the complete metaphysics and philosophy,
The psychology, biology and technology
Of escapology. Then he opened the book,
Spreading the pages like white wings
And flew towards the sunrise.

Ken Knight
