

mother, material illnesses or toxicities, physical and/or sexual abuses of the mother, pre and post-maturity, and circumcision. This list is not inclusive of all traumas, nor is it true that the events are necessarily traumatic for all who are exposed to them. A specialized therapy has been developed to treat these traumatic antecedents.

This therapy is normally supervised by a trained professional, with the close assistance of parents or those closest to the infant or child. In many cases, the trained professionals are (in order of frequency): obstetric nurses, midwives, massage therapists, primal therapists, chiropractors, osteopathic physicians, child birth educators, homeopathic physicians, reikian therapists, rebirthers, obstetricians, psychologists, mfcc's and pediatricians. More and more, these professionals function as consultants to the parents, who do the work under close supervision and guidance. The results of these treatments have recently been reported in *Aestheme* (the Journal for the International Primal Association). In general, medical and/or psycho-

logical symptom patterns change dramatically, sometimes after as few as two or three sessions. In addition, projected patterns of psychopathology or dysfunctionality do not develop (infants have been followed for up to 12 years), and positive results on personality and development have also been noted.

Of the potentially traumatizing events which were listed above, the only unavoidable circumstance is birth. Both C-section and vaginal births have proven to be traumatic, and most children appear to experience at least some traumatization while being born. Ninety per cent of a sample of 200 children showed signs of minimal to mild birth trauma, and 55 per cent showed signs of moderate to severe traumatization. For this reason, it is particularly important that birth be dealt with therapeutically.

Publications to assist the professional or parent in the therapeutic process with infants and children, and information regarding training sessions are available from this author.

CONSECRATED HENCEFORTH TO SERVICE

My loss and defeat was their gain and success.
Their share will increase because mine has been less.

I like to think still I can reach out and bless
other lives; and that none of those faces that press
around me in throngs to receive in largesse
contentment and joy from my hands ever guess
that I give day and night what I do not possess.

Ann Keith
