Thompson, Judith and Heelas, Paul (1986), The Way of the Heart: The Rajneesh movement, Wellingborough, Aquarian Press.

Written by academic researchers from the University of Lancaster. They describe the movement sympathetically and show what it is like from the inside as well as what it looks like from the outside. Deals sensitively, though inconclusively, with difficult issues around who was to blame for crimes in 'the Ranch'.

David Jones

## DEPRESSION ANGER AND RED FACES

In the May/June issue we published a very good article by Greta Palmer on her response to a male/authority research project into depression. It was called 'Depression and Anger' and, looking it over when it was set up in print, it read very well. A week after the issue had gone to the printer, the last two pages of Greta Palmer's text were found under the word processor desk.

Red faces all round, a furious letter from Greta Palmer, and an apology in the July /August issue which said that we were printing the missing pages on page 195. When I checked through my copy after printing, there was no sign of the missing pages! An overburdened lay-out artist had allocated the space, added it to the Contents page, and then forgotten it. So now ever redder faces, grovelling apologies to Greta Palmer and here finally is the missing piece:

## ON DEPRESSION AND ANGER

Conclusion

by

## Greta Palmer

The things of the spirit are the birth-right of all. Man may wish to 'elevate' them into mental concepts, theories and maps, but I fear this to be dangerously un-balanced unless women also speak out from below the neck and find that spiritedness which comes from the guts.

Gut responses may seem frighteningly 'uncivilised' and raw but they are like the thrust of a germinating seed - the shoots of a plant newly emerging from that rich compost humus/humility which is the body's wisdom. The new seed comes later in time - by the fertilisation of word/idea with what is. Such new seeds must also fall, when ripe, back down into the compost again; to be protected and nourished until ready for their own season of growth and flowering, fruiting and harvest.

Maybe that point at which fertilisation takes place - that place of fusion between opposites - is both the alchemical work of which Jung speaks, and the place of synapse. There does seem to be a certain poetic elegance about the finest achievements of science, as there is a certain precision in the finest achievements of art. Perhaps this is because both scientist and artist,

setting out from different positions, have reached out - not for cure, but rather a penetration into the mysterious unknown (that **otherness**) and have arrived at a more inclusive truth.

I once showed a poem entitled 'Hubris' - opposite to Humus! to a friend of mine and asked for comment. The comment gave me hope.

'It's as if the man who wrote this is pointing at the moon but only seeing his finger".

It gave me hope because my friend is a man.

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