

How we got our name is a story which I have never fully gone into, but I do know that at no time, not even in the very earliest days, did we take up the philosophical position of secular humanism. There was always a recognition of the spiritual side of human beings, particularly in the work of Abraham Maslow, who more than any one other single person was responsible for the founding of the Association for Humanistic Psychology.

The message then is not to worry about anything that may be said about secular humanism. Whoever they may be talking about, it isn't us.

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### The Affirmation

Yes!- yes!- say it Heart, say it  
again and again: this word is your key - use it  
turn it over and over- you are, these things  
are- she is- we shall be- say it- oh  
look up Heart- never again look lost, or scathingly  
refer to this season's death. Winter is Spring: everywhere hidden  
life renews its secret processes. Concealed  
buried in earth all life must be: like Jesus  
buried beneath rocks and stones, then like him  
thrusting the insuperable barrier aside  
crying out to the sentries- "Sleep now for a season:  
then at midday reawake to your  
Amazement! "

John Hands