

## References

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### *A Brief Comment by John Rowan*

Just two things to say. First, there is indeed a party line in **Self and Society** and in the human potential movement generally, and I'm amazed at the naiveté of Burnard in not knowing about this. Humanistic psychology is normally defined as the Third Force in psychology, as distinct from behaviourism on the one side, and psychoanalysis on the other. I thought this was common knowledge.

Second, I think there is less jargon in humanistic psychology than there is in any other kind of psychology. In Rogerian counselling and therapy, in gestalt awareness, in psychodrama and encounter, and in all the academic work such as that of Maslow, Jourard, Buhler, Hampden-Turner, Grof, Torbert, Mitroff and so forth, I find very little jargon at all. Certain disciplines on the fringes of humanistic psychology, such as TA and NLP, do go in for a lot of jargon, and bioenergetics is guilty at times (though I think Lowen himself is admirably clear). Re-evaluation Counselling can get a bit cultish at times, but of course it denies all connection with the mainstream growth movement. So I would really reject the criticism that we use a lot of jargon as being not quite accurate.

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