

THE BRITISH ASSOCIATION FOR BIO-ENERGETIC ANALYSIS is organising a week-long training workshop from April 3 - 7 inclusive. The trainer is Dr Myron Koltur of New York. Further details from Geoffrey Whitfield, Meeting House, University of Sussex, Brighton.

HUMAN POTENTIAL RESOURCES. As many of you know, Quaesitor and Community have closed. We are a group of established educators and therapists, with a commitment to caring and responsible work, who have chosen to come together in professional association to provide in-depth opportunity for continued self exploration and professional training in the field of new-age psychology. If you wish to be on our mailing list, please write to Maureen Yeomans, 11 Ashbourne Avenue, London N.W.11.

## THE FACILITATOR DEVELOPMENT INSTITUTE

Announces

its 1978 Workshop on Experience and Theory in Facilitating Groups, to be held in Ambleside, from August 5 - 13.

This international workshop is designed to offer an intensive experientially based training in individual and small group facilitation, and as such is particularly suitable for people in the helping professions.

Total cost for the workshop (including accomodation) is £117.00. For further information and brochure please contact: Dave Mearns, Psychology Dept., Jordanhill College, Glasgow G13 1PP.

Richard Fawson

## Do You Agree?

Unquestionably, the honest expression of feeling can at times help to improve relationships. But this is by no means the only possible outcome, perhaps not even the usual one. Most relationships cannot stand much expression of honest feelings. We are in this not only because of our missionary fervour about open communication, but because we see the solidity and resilience of *individuals* coping with such honesty and think that the same is true of *relationships*. I believe we are quite wrong in this.

Individuals seem to be able to absorb and defend against enormous amounts of directness, much more than we ever thought possible. But relationships cannot. Many of us have thought all along that the opposite was true. We thought that individuals were fragile but groups, organizations and relationships were strong. Now we are finding that its probably just the other way around. Individuals are quite strong; it is relationships and organizations that are fragile. Relationships cannot stand nearly the abuse that individuals can take, and much as it may upset us to say it, there is probably little that is more damaging to relationships than "honest confrontation".