

HUMANISTIC PSYCHOLOGY IN WEST AFRICA

During the year Hans Noak of Executive Development Africa Ltd. held two seminars in Zambia, and a conference in Nairobi. Over one hundred senior and middle level managers of Zambia Railways took part in four day seminars designed to develop human relating skills and open up communications between individuals and departments. Next year there will be meetings of natural work groups to define group objectives, deal with ongoing difficulties, develop action plans and institute a review procedure.

Excutive development Africa was appointed consultant to the Catholic AMECEA Congress in Nairobi. One hundred and fifteen persons, bishops, priests, sisters, laymen and laywomen came from five countries. To cope with this large number, twelve group facilitators were trained. Small groups spent 60% of working time experiencing the stresses and joys involved in becoming a community. This information was used in the task groups and then incorporated in the final congress report.

The Congress was highly successful. It was meaningful at a personal level. In the words of one participant: 'the development of awareness; of the importance of listening and making conscious effort to be sensible and sensitive towards others was my most meaningful experience'. In the final evaluation 68% of local and 85% of expatriate participants voted that learning by experiencing as used in the congress should be used in future work with adults.

SUBSCRIPTION RATES

SELF AND SOCIETY, the Journal of the British Association of Humanistic Psychology, appears monthly. The subscription price per volume for individual subscribers is £3.00 post free, payable in advance.

INSTITUTIONAL SUBSCRIPTION RATES: (copies sent airmail) USA and Canada, 35 dollars per annum; Australia, 28 dollars; USSR, 26 roubles; France, 155 francs; Germany, 95 DM. Subscriptions should be sent to SELF AND SOCIETY, 62 Southwark Bridge Road, London. SE1, England.