

YERBA BUENA

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CENTRE FOR GROUP WORK AND SENSITIVITY TRAINING

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PAT MORTELL

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COMMUNITY

15 Highbury Grange, London N.5. Tel: 01-359 1372 (or 586 3545) Co-Directors and Leaders: Michael Barnett, Carole Davey, Tom Falkner.

Hans Lobstein

If Only I Knew

*I wish I knew what it feels like to be you
not knowing what I feel like when I am with you
when you feel puzzled being you not knowing what I could be when I am with you*

*when I feel aloof and cold towards you I wonder why I feel cold and aloof with you
when you are puzzled by what you feel is me wondering what it feels like being you*

*I wonder what it feels like being you
when you are plagued by memories of what you used to do
when I felt equally aloof and cold but more excited by you
unperturbed by not knowing what it was like being you
but instead enjoyed me looking forward to be with you
or enjoying what I felt about you before I was cold and aloof
in not wanting to know why I wanted to know what you
wanted to know about me not knowing what it was like being you*

*I am eager and excited to get nearer to not pushing the world away
but I am upset that my world is not you
when I want to be you knowing what it is like being you so that
I can find out what I can do to be more of what I feel is you*

*In the meantime I am not me without you
but can only rely on me to find out what it is like being you
so I am not enough of me to find out enough about you
and you know well enough how to stop me being you
by being cold and aloof and pushing the world away which is me and you
so that you can choose what you want with me
and I sit puzzled and hurt that I cannot get closer to knowing what it is like being you
which I can only find out being more of me
but that cannot be without knowing more about you
so I am stuck not being me and not being you
how much nicer it would be if only I knew*