

Perhaps I can best answer by quoting from John, aged 12; he says it better.

'I was there now on top of this cliff perhaps a deadly cliff for me or perhaps beautiful. The overcast day nearly made me decide. The sea down below looking so natural and *Alive*. That word, I didn't want to know it but it came on ringing *alive, alive, be alive*. The rocks they are being slowly murdered by the sea at least my way would be quick. A gull came flying past. It looked hurt, disabled, its eye, it only had one eye. Why doesn't he

kill himself - happiness to be alive, I suppose. Why can't I be happy to be alive? The sky had changed to bright blue now. The rocks perhaps healed by now (the smoothing sea). They are happy, *Happy Happy* now. I began to feel happy as if God wants me to live. Energy was flowing back into my body. Will to *Live Live* and be happy. I was gay again. A ship went by - the name: The Mary Celest - mysterious ship, I thought. My death wasn't going to be mysterious. I've got the will to live mate. Singing out aloud *I'm going to be alive!*

---

## List of Therapists

We are hoping in future issues to publish a list of therapists working within the Humanistic Psychology field. In order to make this as comprehensive as possible, may we ask all our readers to let us know if they are themselves working as therapists or if they know of anyone who is. We aim to make this as broad as possible including all forms of Body Therapy, Gestalt, Transaction Analysis, Co-counselling, Rogerian Counselling, hypno-therapy and in fact anything up to but not including traditional psycho-analysis and verbal group therapy.

There has been considerable discussion recently within the Association of Humanistic Psychology about the necessity and political implications of the accreditation of therapists. The recent

banning of the 'Church of Scientology' was seen to be a somewhat dangerous precedent and although the idea of establishment approval, letters after the name and the general pomposity of authoritarian medicine was foreign to the philosophy of most of us, it might well be that in a practical sense, discretion would be the better part of alternative therapies. We are often asked to suggest people who specialise in particular areas and, accreditation apart, it would be extremely useful to have a comprehensive list of people working as therapists.

Could we have as much information as possible both about methods of work, qualifications if any, and preferred type of patient?

---

## CLASSIFIED ADVERTISEMENTS

**DKAMA THERAPY & ROLE PLAYING.** On-going professional training course, Monday evenings 8-10. All enquiries (s.a.c.) Sue Jennings, Drama Therapy Centre, 1 Limes Avenue, N.W.7.

**'INTENSIVE THERAPY AVAILABLE** in idyllic setting; six experienced helpers - a chance to learn as well as to get help. Write to: Whinfall Hall, Lorton, Cockermouth, CA13 ORQ'.