

The RC breakaway

New Developments in Two-Way Counselling

There are several more open independent two-way counselling networks that have recently been developed. There may be more.

Reciprocal Counselling. Developed by John Heron within the Human Potential Research Project at the University of Surrey. Distinguishes between primary and secondary distress, extends the practice of present-time techniques, applies varied levels of functioning, and includes transpersonal work. It is theoretically, methodologically and organisationally open. Residential workshop 27 August to 1 September 1974, including new manual. Contact: John Heron, 40 Denzil Road, Guildford, Surrey GU2 5NQ. Guildford 68764.

Savitri Shinya is an independent teacher running a programme of introductory two way workshops and ongoing groups in North London. Contact: Savitri Shinya, 23 Lawn Road Flats, Lawn Road, London NW3. 01-722-9495.

There is a vigorous independent community in Holland with several ongoing groups meeting regularly. Contact: Jaap Sanders, Lijnbaansstr. 1c, Amsterdam, Holland. 020-65217.

Discussions are currently in progress with respect to a loose federation or association of these and other autonomous networks or communities, based on certain basic and shared principles of method - counselling is a two-way process among peers, the client is in charge of his session, the counsellor does not interpret or manipulate and direct the client, etc. The idea is to exchange network address lists for inter-network counselling, to hold periodic inter-work workshops for counselling and for sharing developments in theory and method. Contact: John Heron, 40 Denzil Road,, Guildford, Surrey GU2 5NQ. Guildford 68764.