

BOOK REVIEWS

THE FEAR OF MADNESS AND THE MADNESS OF FEAR

By Patrick Schofield

SELF-HATE

By Madeleine Francis

These two articles are published in a twenty page booklet which is available from Madeleine Francis, 37 Elm Bank Gardens, Barnes, London, S.W.13.

The book is published as a memorial to Patrick who fell to his death from the clifftops at Ramsgate, convinced he had made a failure of his life. Patrick's article is a passionate denunciation of the mental hospital in which he suffered - 'One might contend that there was something seriously wrong with a person who could stay more than three minutes inside Scalebor without becoming very disturbed, or screaming their heads off. That is why the quietness of the patients is so false: the wards are ringing with silent screams.'

Madeleine's article is a lucid exposition of the value of self-hate, of the usefulness of accepting it in ourselves and respecting it in others. 'Self-hate will only get worse and more powerful if attempts are made to suppress or destroy it - it has to be befriended.' Even some psychiatrists do not realise this sufficiently and tend to try and persuade their patients that they must replace self-hate by self-love. Which makes the self-hate worse because it is not acceptable. And it is the sudden

bursting out, after a long period of repression, of self-hate that often leads to suicide.

NINE MONTH INTENSIVE

Jacob Stattman

Jacob Stattman is offering a nine-month training programme in humanistic psychology systems, designed primarily for people engaged in behavioural and social change who already have some academic and applied experience and/or have engaged in extensive growth activities.

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Jacob Stattman established the San Francisco Encounter Centre and the Rivendell Centre for Integrative Education. He is on sabbatical leave in Europe from his job as Chairman of World Studies at the S.F. Institute of Fine Arts.

The first phase begins on February 16 and runs to the end of June. The second phase is from September to December, 1973. Enquiries to: B.M. Jacob Stattman, London. WC1V 6XX.